



PDG

Pediatric Dental Group Inc.

Minimal and Moderate Sedation Pre-op and Post-op Instructions

It is important for your child's safety that you follow these instructions carefully.

- Eating and Drinking** To avoid vomiting and complications during treatment with sedation and anesthesia, **DO NOT** allow your child any solid food 6 hours before your appointment. Your child may have clear fluids (e.g. clear apple juice, water) for up to 3 hours before the appointment.
- Change in Health** If there are any changes in the child's health, such as a chest cold or fever within 7 days before the day of treatment, please reschedule the appointment. Inform the office of any change in health before your appointment.
- Arriving** A responsible adult must accompany the patient to the dental office and must remain until treatment is completed. Upon arrival your child will be weighed and given the medication. You will then wait with your child in the reception area while the medication takes affect. During this time please monitor your child and if he/she experiences any changes (such as upset stomach, rash, extreme drowsiness, or breathing problems) inform the office staff immediately.
- Medications** Give your child only those medications that he or she takes routinely, such as seizure medications or prophylactic antibiotics, and those prescribed by your child's physician. **DO NOT** give your child any other medicines, before or after treatment, without checking with the office.
- Activities** **DO NOT** plan activities for the child after treatment. Allow the child to rest. Closely supervise any activity for the remainder of the day.
- Getting Home** Your child must be accompanied by a responsible adult. Someone should be available to drive the patient home. The child should be closely watched for signs of breathing difficulty and carefully secured in a car seat or seat belt during transportation.
- Drinking & Eating after Treatment** It is important for your child to be well-hydrated after treatment. The first drink should be plain water then clear sweet drinks can be given. Small drinks taken repeatedly are preferable to taking large amounts. Warm soft food may be taken when desired and in small portions.
- Numbness of Checks/Lips & Tongue** Your child's cheeks, lips and tongue may be numb after treatment. Please watch your child carefully for several hours to make sure he/she does not bite the cheeks, lips or tongue.
- Pain Management** Children's Acetaminophen (e.g. Tylenol) or Ibuprofen (e.g. Advil or Motrin) every 6-8 hours will help alleviate discomfort and sore gums.
- Call us if**
1. If vomiting lasts longer than 4 hours.
 2. If the temperature remains elevated longer than 24 hours or goes above 101°F (38°C).
 3. If there is any difficulty breathing.
 4. If any other matter causes you concern.

Please call our office if you have any concerns relating to your child's treatment. After hours emergency pager number: 604-891-4112.

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