PDG
Pediatric Dentistry & Orthodontics

Minimal Sedation of Nitrous Oxide
Pre-op and Post-op Instructions

It is important for the patient's safety that you follow these instructions carefully.

Eating and Drinking
To avoid vomiting and complications during treatment with sedation and anesthesia. **DO NOT allow the patient to have anything to eat or drink for 3 hours before your appointment**.

Change in Health
If there are any changes in the patient's health, such as a chest cold or fever within 3 days before the day of treatment,please reschedule the appointment. Inform the office of any change in health before the appointment.

Arriving
A responsible adult must accompany the patient to the dental office and must remain until treatment is completed. You may be asked to wait in the waiting area for the duration of the procedure.

Medications
Give the patient only those medications that s/he takes routinely, such as seizure medications or prophylactic antibiotics, and those prescribed by the patient's physician. Inform the clinical team member of any medication routinely taken for the patient's records. **DO NOT** give the patient any other medicines, before or after treatment,without checking with the office. Please inform the clinical team member of any medication taken the day of theappointment.

Activities
Please ensure the patient is monitored in case the patient complains of nausea 30 minutes after the completion of the appointment. If nausea persists, all activities should be cancelled or postponed.

Getting Home
The patient must be accompanied by a responsible adult. Someone should be available to drive the patient home. The patient should be closely watched for signs of breathing difficulty and carefully secured in a car seat or seat belt during transportation.

Drinking & Eating after Treatment
It is important for the patient to be well-hydrated after treatment. The first drink should be plain water then clear sweet drinks can be given. Cool soft food may be taken when desired and in small portions.

Numbness of Cheeks/Lips & Tongue
The patient's cheeks, lips and tongue may be numb after treatment. Please watch carefully for several hours to make sure s/he does not bite the cheeks, lips or tongue.

Pain Management
Acetaminophen (e.g. Tylenol) or Ibuprofen (e.g. Advil or Motrin) every 6-8 hours will help alleviate discomfort and sore gums.

Call us if
1. If vomiting lasts longer than 4 hours.
2. If the temperature remains elevated longer than 24 hours or goes above 101˚F (38˚C).
3. If there is any difficulty breathing.
4. If any other matter causes you concern.

Please call our office if you have any concerns relating to your child's treatment. After hours emergency pager number is 604-734-7243 and will be provided on the answering machine when the office is closed.

Certified Specialists in Pediatric Dentistry

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